

“Jesus in the Garden of Olives”...

FROM THE GOSPEL ACCORDING TO - **LUKE** -:

“When he rose from prayer and returned to his disciples, he found them sleeping from grief. He said to them, ‘Why are you sleeping? Get up and pray that you may not undergo the test’” (Luke 22:45-46)¹

MEDITATION ON THE MYSTERY:

When we pray, let us not waste words like the pagans who, praying for vain things, believe they will be heard because of their many words (cf. *Matt* 6:7); but let us pray persistently (a bit like the importunate widow - cf. *Luke* 18:1-8) and with the right words to understand and practice "the intentions" that Jesus Himself taught us in the Prayer of Our Father (cf. *Matt* 6:9-13)! (cf. *SLC*, p. 259)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- Regarding praying in different words, but always according to the intentions of the Our Father, so writes St. Augustine, Bishop: *“If you study every word of the petitions of Scripture, you will find, I think, nothing that is not contained and included in the Lord’s Prayer. When we pray, then, we may use different words to say the same things, but we may not say different things”.*

(AGUSTINE, *Off. Of Read.*, Wed, XXIX Week of O. T.)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

1 Our Father ...
5 Hail Mary ...
1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : “Aveeeee, Aveeeee, Ave Maria ...”

Then one goes on to the next Mystery which (like this one) if possible, must not take more than 5-7 minutes ...